

ONLINE TRAININGS

NAME	LINK	DESCRIPTION	APPLICATION
Psychological First Aid (PFA)	https://www.nctsn.org/resources/psychological-first-aid-pfa-online	An evidence-informed modular approach to help children, adolescents, adults, and families in the immediate aftermath of disaster and terrorism. PFA is designed to reduce the initial distress caused by traumatic events and to foster short- and long-term adaptive functioning and coping.	This is free. Students create a login/account to complete the training. Clinical and Macro Diversity
Suicide Prevention Resource Center	https://training.sprc.org/	Improve your knowledge and skills in suicide prevention with SPRC's self-paced online courses. They are designed for clinicians and other service providers, educators, health professionals, public officials, and members of community-based coalitions who develop and implement suicide prevention programs and policies. This online training is geared toward macro and micro practice of suicide prevention.	Clinical and Macro Diversity Create an account here .
Mindfulness-Based Stress Reduction Therapy	https://palousemindfulness.com/	A free 8-week course on mindfulness-based stress reduction therapy.	Clinical
SBIRT Training	https://psattcearn.org/courses/4hr_sbirt/	Screening, Brief Intervention, and Referral to Treatment (SBIRT) is an integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders and those at risk of developing these disorders.	Clinical Diversity
Center for Advanced Studies in Child Welfare	https://cascw.umn.edu/portfolio_category/online-modules/	CASCW's online modules are free, self-directed learning opportunities for child welfare professionals, foster parents, advocates, and others interested. They were developed to present the child welfare practice-relevant findings of research undertaken by faculty and staff at the School of Social Work as well as partners across the University. The modules consist of narrated PowerPoint presentations with a variety of media attached (e.g. watching videos, reading documents, etc.). Post-tests are available upon request.	Please contact us at CASCW@umn.edu with any questions or problems. Clinical and Macro Diversity

Dulwich Centre	https://dulwichcentre.com.au/courses/what-is-narrative-practice-a-free-course/	This Narrative Therapy course is a gateway to free papers, videos and extracts to enjoy at your own pace. Across 9 'lessons' or 'chapters' we have brought together papers, videos, images, interviews and questions. This course is freely available to anyone, although we think it might be particularly relevant for those interested in counselling/psychology/community work/social work. Included are materials that are relevant for those working in therapeutic and/or community work contexts.	Clinical, some Macro community practice work Diversity
CEUfast Nursing	https://ceufast.com	Includes multiple trainings related to mental health, behavioral health, and health care practice. Geared toward Nurses; yet, relevant for Social Work. These trainings need to be registered for online, but are free. Each training ends with a quiz and a certificate.	Clinical
Family Caregiver Alliance (FCA)	https://www.caregiver.org/fca-webinars	The mission of Family Caregiver Alliance (FCA) is to improve the quality of life for family caregivers and the people who receive their care. For over 40 years, FCA has provided services to family caregivers of adults with physical and cognitive impairments, such as Parkinson's, stroke, Alzheimer's and other types of dementia. There are professional Webinars listed on their learning center for social workers and other professionals.	Clinical Diversity
Crisis and Trauma Resource Institute	https://us.ctrinstitute.com/resources/	Offers several different types (webinars, full trainings, manuals) of trainings and resources on multiple topics related to crisis and trauma.	Clinical, some Macro level
Child Welfare Information Gateway	https://www.childwelfare.gov/learningcenter/	Child Welfare Information Gateway promotes the safety, permanency, and well-being of children, youth, and families by connecting child welfare, adoption, and related professionals as well as the public to information, resources, and tools covering topics on child welfare, child abuse and neglect, out-of-home care, adoption, and more.	Clinical, Macro Policy/legislative Trainings Diversity
Mental Health Studies - Suicide, Violent Behavior, and Substance Abuse	https://alison.com/course/mental-health-studies-suicide-violent-behavior-and-substance-abuse-revised	Mental health and well-being has become an increasingly important concern of healthcare systems around the world. Self-harm and debilitating mental health problems are increasing, and 1 in 3 people know somebody suffering from mental health issues. This course, which focuses on the activities, actions, and habits that might be endangering one's health and welfare, aims to give you the tools to help others.	Clinical Diversity

Mental Health Webinars	https://www.socialwork.career/2012/08/free-webinars-for-mental-health-professionals.html	Social Work Career offers resources (i.e. webinars) for both current students and experienced mental health professionals covering a wide range of topics.	Clinical
Neurobiology; EMDR	https://emdrprofessionaltraining.com/free-neurobiology-course/#	Free Neurobiology of the brain and EMDR course.	Clinical (Advanced)
Acceptance and Commitment Training (ACT)	https://emedia.rmit.edu.au/communication/index.htm	6 ACT conversations developed by RMIT University Counseling Service. This resource consists of an audio e-learning program comprised of six sessions between 15-50 minutes duration and including a conversational mini-lecture and several practice exercises.	Clinical
Parent Child Interaction Therapy (PCIT) Web Course	https://pcitwebcourse.pcit.ucdavis.edu/login/index.php	Developed by UC Davis PCIT Training Center, this resource provides a 10-hour, 11-module web course that gives fundamental information about providing PCIT. It gives trainees' a solid foundation and partially fulfills requirements to be a certified PCIT therapist.	Clinical Create an account here .
National Resource Center on Domestic Violence	https://nrcdv.org/videos	NRCDV provides a wide range of online webinars. All of our webinars are all recorded and made available for free through our YouTube channel . In addition, NRCDV Radio podcasts are converted into videos for those that wish to experience the broadcasts in a different format.	Clinical, Macro Policy work
National Resource Center on Domestic Violence	https://wscadv.remote-learner.net/	Lists Free Clinical and Macro courses (including nonprofit management) courses related to domestic violence work in the United States.	Clinical, Macro Policy work
CBT for Anxiety and OCD	https://www.pesi.com/blog/details/1081/free-ce-seminar-cbt-for-anxiety-and-ocd	Elizabeth DuPont Spender, LCSW-C & Kimberly Morrow, LCSW – online seminar for CBT.	Clinical

Pesi – telehealth for mental health professionals	https://catalog.pesi.com/item/telehealth-mental-health-professionals-2day-distance-therapy-training-52191#tabCredit	2-Day Distance Therapy Training. The use of technology is a common expectation of clients in today's world (and a requirement for some clients). Providing distance therapy services makes sense for your practice, but understanding all the legal, ethical, business and in-session challenges can seem daunting. Free with the code: TELEFREE.	Clinical (Advanced)
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