

Serving Veterans and Their Families

HYBRID ONLINE CERTIFICATE PROGRAM

Date: September 13, 2020 – December 20, 2020 (14-weeks)

CEUs: 56 Clock Hours (To receive credit, participants must complete all coursework including readings, discussions, outside assignments, and evaluations.) Certificates will be mailed within 5-7 business days of the course completion.

Cost: \$1,120.00 (Cancellation requests received 5 or more business days prior to training/event, will receive a 100% refund of total payment. **No refund will be given if cancellation is received less than 5 or more business days prior to training/event.**)

Registration Deadline: September 7, 2020

With more than 22 million veterans in the United States, the need to understand the issues these Veterans and their families face is great. Serving Veterans and their Families Certificate is a post-graduate, 14-week, hybrid, online program for social workers, nurses, therapists and others interested in learning more about how to serve Veterans and their families. Participants will move through a course as a cohort, connecting through discussion boards and opportunities for live interactions with the instructor and one another. Course materials, lectures and learning activities are released early each week and can be completed at any time during a one-week window.

The Ohio State University, College of Social Work is an approved provider of State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board. Board approval number: **RCST111747**

PROGRAM MODULES

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Military 101

This module will dive into a general overview of the military services, including the different components and different branches. This is designed to give you a better appreciation of what the person sitting across from you may have gone through and how it shaped them.

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Readjustment Process

In this module, you will learn about the coming home process and outcomes, also referred to as readjustment or reintegration. We'll also explore the normal and expected readjustment process, what shapes this process and successful outcomes, and useful strategies and resources.

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Social and Environmental

This module will help you identify issues that Veterans and their family members may face in the community and how you can help. We will look at different aspects that Veterans may experience in the areas of work, unemployment, homelessness, possible legal encounters and the overall effects this may have on our communities.

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Behavioral: Substance Abuse, Evidence-Based Treatments, PTSD & TBI

This module, we will take a closer look at the impacts of substance abuse on veterans and their families, define evidence-based treatments and common themes, and provide you with an informational overview of PTSD, TBI, and the comorbidity of other behavioral health concerns.



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Meet Your Instructor:

Carolyn Abbruzzese, MSW, MA, LISW-S has a dual Master degree in Social Work and Public Policy and Management from The Ohio State University. Carolyn has worked in the addictions and eating disorders fields for over 20 years. She is currently the coordinator of the contract Methadone Treatment Program in Recovery Services at the Chalmers P. Wylie VA Ambulatory Care Center in Columbus, Ohio. Carolyn is also a community lecturer with College of Social Work at Ohio State, has a private practice in Powell and is trained in CBT, DBT and MET.

Target Audience:

Beginner, intermediate and advanced level social workers

Certificate Objectives:

- Gain understanding of military structure and culture, and explore the differences between military branches across eras.
- Examine the readjustment process for veterans and families, focusing on a person-in-the-environment perspective
- Interpret physical strengths, deficits and chronic challenges for both short-term and long-term functioning during military service
- Evaluate common behavioral health issues facing veterans and their families; factors that enhance successful outcomes and wellness
- Understand the role of spirituality in veteran functioning and the concept of moral injury
- Appraise veteran social functioning across social systems (i.e., home, friendship, work) appreciating interactive influences
- Identify and use resources for Veterans and their families

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Physical Domain

This module will delve into some of the causes and consequent effects of war on a Veteran's physical health. We will discuss the warrior mentality, the systems that are charged with caring for Veterans and their families, and explore challenges that women, our newest cohort of Veterans, may experience.

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Spiritual Domain

In this module, we will examine some of the ways spirituality factors into the lives of Veterans. We will also look into this idea of spiritual fitness, which is a component that soldiers in the Ohio Army National Guard experience.

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Resources

This module will discuss the types of resources and benefits for Veterans and their families, especially the big three (i.e. education, healthcare) and how these resources differ across service components and for those that have been separated.

14

Final Wrap-up and Reflection

In this module, we will synthesize what we have learned in this course for a final project and identify resources and approaches that can benefit a Veteran in a case study.

- For more information regarding grievances, visit csw.osu.edu/continuing-education/ce-policies/
- For special accommodations, email cswce@osu.edu
- For more information about this course and others, visit go.osu.edu/cswce and click on the "Training Calendar"