



# S.T.A.R

Seniors That Are Rewarded

Open: Tuesday—Thursday

TIME: 11:30 a.m.— 2:30 p.m.

## SENIOR DAY CARE

Born To Win Christian Center

2501 Mock Road

Columbus, Ohio 43219

FOR TRANSPORTATION PLEASE CALL: (614) 478-2896

THIS EXCITING PROGRAM IS FOR SENIORS AGE 60 AND OVER, IT IS DESIGNED TO KEEP YOUR LOVED ONE HAPPY, AND ACTIVE BY ENGAGEING THEM WITH OTHER SENIORS WHO ENJOY FOOD\* FUN\* AND VARIOUS ACTIVITIES. FOR BUS PICK-UP CALL THE OFFICE.

\* A FREE LUNCH IS SERVED \*



# S.T.A.R

## S.T.A.R ~SENIOR SERVICES SENIORS \* THAT \* ARE \* REWARDED

### VISION

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"TO SEE THE SENIOR COMMUNITY BE REWARDED FOR THEIR YEARS OF LIFE CHALLENGES AND CHANGES,"

### MISSION

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"TO HELP THE SENIOR COMMUNITY BECOME MORE SOCIAL, AND GAIN KNOWLEDGE OF THEIR HEALTH CONCERNS."

**OHIO DEPT. OF AGING**  
(614)-779-0248 ( 60- older )  
3 MONTHS / 2 CONSUMERS

### RESOURCES

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#### ACTIVITIES

Various table games, chair exercise, arts and crafts, field trips.

#### FURNITURE BANK

Those who need furniture due to life transition are qualified to go to the Ohio Furniture Bank.

#### FEEDING

Free lunch served daily at 12:15 p.m.

#### TRANSPORTATION

Free pick-up and drop-off on Tuesday's

### EDUCATION

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#### HEALTH

To request a seminar from various health professionals that will inform our seniors about their health issues.

#### ON SIGHT NURSE

To take sugar, oxygen and blood pressure readings.

#### MOBILE LIBRARY

Coming once a month for seniors to barrow books to read

### MOTO

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'REWARDING THE SENIORS WHILE WE HAVE A CHANCE''



EMAIL



TWITTER HANDLE



TELEPHONE



LINKEDIN URL