QUALITIES OF A MENTOR:
- Ability to serve as a role model
- Respect the mentee’s right to self-determination and independence
- Accept and relate to youth who may not share your culture, lifestyle and values
- Good listening skills
- Sense of humor

REQUIREMENTS OF A MENTOR:
- Be a professional with a college education or technical certification or training
- Willing to communicate weekly with youth
- Attend monthly YLA events (usually one Saturday a month for two hours)

For more information and to fill out an application, visit go.osu.edu/lifesportsmentor